



Spa & Thalasso Programs
Elounda Spa & Thalassotherapy
Blue Palace, A Luxury Collection Resort & Spa

Special negotiated rates 2015

Elounda Classic Thalassotherapy

A classic thalassotherapy program that provides all the therapeutic properties of seawater. The salt water, mud and seaweed are rich in minerals which are essential to the human body. The modern center facilities and the specialized staff will apply a unique combination of treatments depending on your needs. Six, five, and three day programs are available.

6-Day Program

12.00 hours - **695.00 €**

- 1 Sea Water Hydromassage Bath with Essential Oils
- 1 Sea Water Hydromassage Bath with Mineral Salts
- 1 Sea Water Hydromassage Bath with Marine Algae
- 1 Submarine Shower in Sea Water Bath
- 3 Sea Water Hydromassage Jets
- 2 Thalasso Body Wraps
- 3 Cyclical Jets Sessions in the Thalassotherapy Pool
- 2 Massages with Algae
- 1 Affusion Shower Back & Leg Massage
- 2 Olive oil Massage with Cretan herbs
- 1 Thalasso Face Care
- 1 Hot Stone Therapy Massage

5-Day Program

10.00 hours - **605.00 €**

- 1 Sea Water Hydromassage Bath with Essential Oils
- 1 Sea Water Hydromassage Bath with Mineral Salts
- 1 Sea Water Hydromassage Bath with Marine Algae
- 1 Submarine Shower in Sea Water Bath
- 3 Sea Water Hydromassage Jets
- 1 Thalasso Body Wrap
- 3 Cyclical Jets Sessions in the Thalassotherapy Pool
- 1 Massages with Algae
- 2 Affusion Shower Back & Leg Massage
- 1 Thalasso Face Care
- 2 Olive oil Massage with Cretan Herbs

3-Day Program

6.00 hours - **315.00 €**

- 1 Sea Water Hydromassage Bath with Essential Oils
- 1 Sea Water Hydromassage Bath with Mineral Salts
- 1 Sea Water Hydromassage Jet
- 1 Thalasso Body Wrap
- 2 Cyclical Jets Sessions in the Thalassotherapy Pools
- 1 Massages with Algae
- 1 Thalasso Face Care
- 1 Olive oil Massage with Cretan Herbs

Serenity & Life Balance

Regeneration / Detoxifying

An amazing combination of treatments for complete detoxification and regeneration of body and face. Rejuvenate through a natural way, boost your mood, and offer a few unique hours of relaxation in body and spirit. Let yourself in the hands of our team of experienced professionals and enjoy an impressive program of total renewal. Six, five, and three day programs are available.

6-Day Program

12.00 hours - **860.00 €**

- 2 Sea Water Hydromassage Baths with Essential Oils
- 2 Submarine Showers in Sea Water Baths
- 2 Sea Water Hydromassage lymphatic Jets
- 3 Cyclical Jets Sessions in the Thalassotherapy Pool
- 2 Face Ritual of Five Flowers
- 1 Detox Thalasso Experience
- 2 Detoxifying Ayurveda Massage
- 1 Cleansing Face Care
- 1 Scalp Massage
- 2 Asiatic Massages

5-Day Program

10.30 hours - **720.00 €**

- 1 Sea Water Hydromassage Bath with Essential Oils
- 2 Submarine Showers in Sea Water Baths
- 2 Sea Water Hydromassage lymphatic Jets
- 2 Cyclical Jets Sessions in the Thalassotherapy Pool
- 2 Face Ritual of Five Flowers
- 1 Detox Thalasso Experience
- 2 Detoxifying Ayurveda Massages
- 2 Scalp Massages
- 2 Asiatic Massages

3-Day Program

6.30 hours - **450.00 €**

- 1 Sea Water Hydromassage Bath with Essential Oils
- 1 Submarine Shower in Sea Water Bath
- 2 Sea Water Hydromassage lymphatic Jets
- 1 Detox Thalasso Experience
- 2 Cyclical Jets Sessions in the Thalassotherapy Pools
- 1 Face Ritual of Five Flowers
- 1 Oriental Massage
- 1 Asiatic Massage

Elounda Glow

Glorious youth

A unique combination of beauty treatments for body and face. A comprehensive program based on specialized beauty products, which will bring out by natural way the glow of your skin. Rejuvenate through a beauty ritual that includes facials for every skin type, body scrub, manicure, pedicure, and specialized body massage with moisturizing oils. Six, five, and three day programs are available.

6-Day Program

15.00 hours - **900.00 €**

- 2 Elounda Sea Water Hydromassage Baths with Essentials oils
- 1 Submarine Shower in Sea Water Bath
- 2 Sea Water Hydromassage Jets
- 1 Deep Face Peeling
- 2 Anti-age face care & massage
- 2 Glorious Youth Face Care
- 1 Elounda Wellness & Beauty Scrub
- 2 Soothing and purifying Moroccan Wrap
- 1 Luxurious Body Massage
- 2 Traditional Olive Oil Massages with Cretan herbs
- 1 Rakotherapy Detox Massage
- 1 Spa Manicure
- 1 Spa Pedicure

5-Day Program

12.00 hours - **735.00 €**

- 2 Elounda Sea Water Hydromassage Baths with Essentials oils
- 1 Submarine Showers in Sea Water Bath
- 2 Sea Water Hydromassage Jets
- 1 Deep Face Peeling
- 1 Anti-age face care & massage
- 1 Glorious Youth Face Care
- 1 Elounda Wellness & Beauty Scrub
- 2 Soothing and purifying Moroccan Wrap
- 1 Luxurious Body Massage
- 1 Traditional Olive Oil Massage with Cretan herbs
- 1 Rakotherapy Detox Massage
- 1 Spa Manicure
- 1 Spa Pedicure

3-Day Program

8.00 hours - **515.00 €**

- 1 Elounda Sea Water Hydromassage Bath with Essentials oils
- 1 Submarine Shower in Sea Water Bath
- 1 Sea Water Hydromassage jet
- 1 Deep Face Peeling
- 1 Anti-age face care & massage
- 1 Elounda Wellness & Beauty Scrub
- 1 Soothing and purifying Moroccan Wrap
- 1 Luxurious Body Massage
- 1 Traditional Olive Oil Massage with Cretan herbs
- 1 Spa Manicure
- 1 Spa Pedicure

Thalasso Slimming

An enhanced combination of body treatments, based on active sea microelements and mineral salts capable combat cellulite and local thickness. The program concludes with daily slimming exercise in our thalassotherapy pool, which will boost your metabolism, it will help to keep the muscle tissue, and will allow you to burn fat while keeping the body in good physical condition. Six and five day programs are available.

6-Day Program

13.30 hours – 865.00 €

- 2 Sea Water Hydromassage Baths with Mineral Salts
- 2 Sea Water Hydromassage Baths with Marine Algae
- 2 Submarine Showers in Sea Water Baths
- 1 Thalasso body firming
- 6 Aqua Aerobics in the Aquagym Swimming Pool
- 3 Pressotherapy Treatments
- 2 Detox & Slim Thalasso Experience
- 2 Lymphodrainage Massages
- 3 Slimming Massage

5-Day Program

11.00 hours - 715.00 €

- 2 Sea Water Hydromassage Baths with Mineral Salts
- 1 Sea Water Hydromassage Bath with Marine Algae
- 2 Submarine Shower in Sea Water Bath
- 1 Thalasso body firming
- 5 Aqua Aerobics in the Aquagym Swimming Pool
- 3 Pressotherapy Treatments
- 2 Detox & Slim Thalasso Experience
- 2 Lymphodrainage Massages